



WITH



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Zayed Sports City Training in Abu Dhabi 2017



After the huge success of our training weeks organised in ideal conditions in Abu Dhabi December 2015 and 2016, we are happy to inform you that we will re-organise a training session for 2017.
Please find hereafter all the information for the 2017 edition. Whether you are a player or just accompanying one, we hope that you will join us.

Daniel Meyers - Christian Daufresne et Eric Marquet



Training location- Zayed Sports City

From 10/12-22/12/2017 for the pro-team

From 14/12-22/12/2017 for the scholars and Younger players



Organisation

Daniel Meyers - Christian Daufresne - Nathalie Feller - Eric Marquet - Patrick Galle

Coaches

Yannis Demeroutis - Daniel Meyers - Xavier Le Gall - Eric Marquet - Gregory Fardeau

Physical coach

Alexandre Blairvacq

Physiotherapists

Thibaut Demoitié - Michael Braham

As of December 17 our ambassador, **Ryad Mehry**, Champion WBA Intercontinental, will join the team.



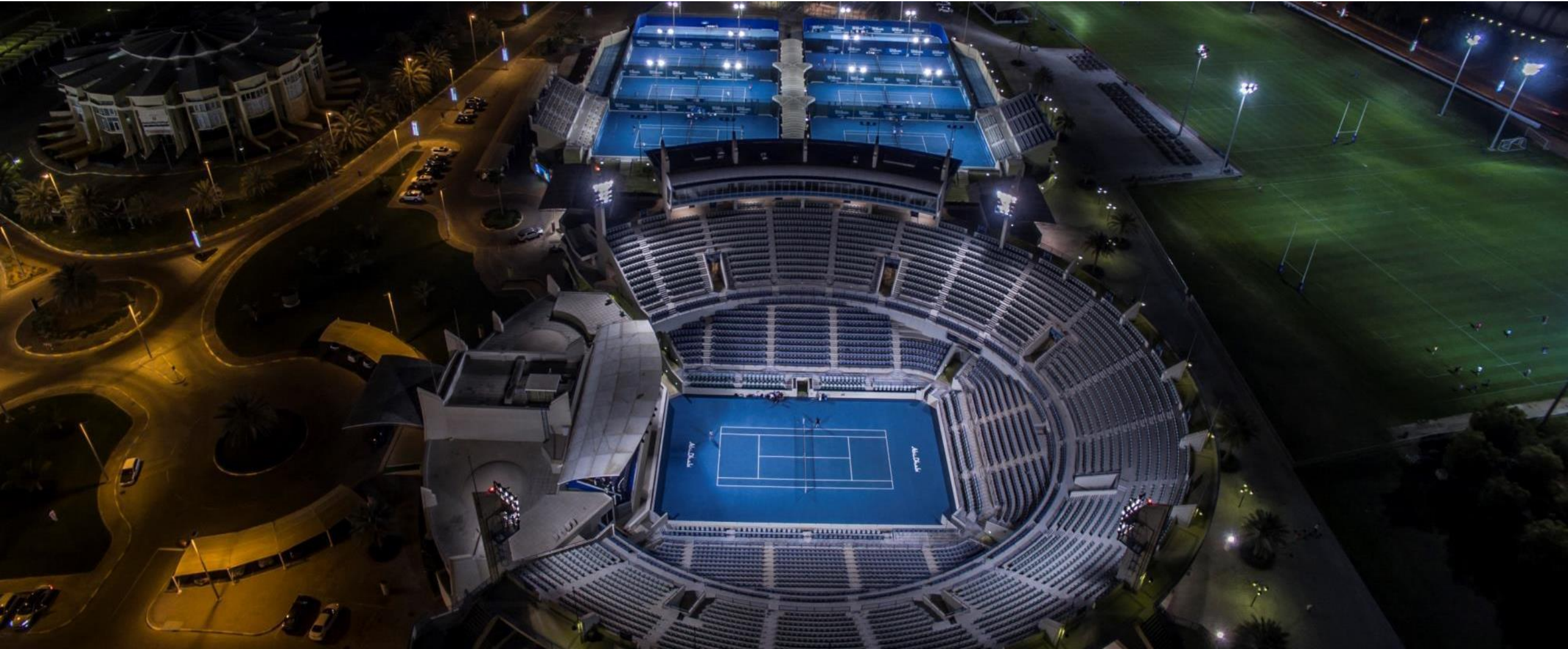


Accommodation

Zayed Sports City - Abu Dhabi

www.zsc.ae

مدينة زايد الرياضية
ZAYED SPORTS CITY





Hotel

Hôtel 5* Park Rotana - Abu Dhabi

www.rotana.com





Training session 2017

Zayed Sports City - Abu Dhabi





Information and program of the training Abu Dhabi 2017



Information and subscription : info@hopeandspirit.be before November 10/2017

Proposed dates and possibilities:

Pro team training from 10 to 22 December 2017

Development training - scholarship from 14 to 22 December 2017

Programme:

4 hours of tennis per day.

1 h 30 physical preparation per day.

Physical training and initiation to boxing with Ryad Mehry Possibility of Physiotherapy Fitness.

One spinning session in a professional structure Information session with the pro team players.

Possibilities of excursions.

Important remark:

Minimum level required : B-15.4